

Introduction

Book 1

Posture and Position

Book 2

Systematic Whole Bow Training

Tonalization

Book 3

Shifting

Vibrato

Double-Stops

Book 4

The Intermediate Phase

Volume 5

RIGHT HAND

- Control of bow speed
- A feel for the appropriate bow weight
- A feel for the appropriate sounding point
- Mastery of smooth bow changes
- Mastery of a straight bow stroke
- Control of a wide dynamic range
- The ability to change sound points
- A feeling for the amount of bow hair and bow stick angle being used
- Use of musically meaningful bow divisions
- Parlando bowing (portato) "Casals Tone Exercise"



Volume 5

LEFT HAND

- Command of various vibrato variables (fast, slow, narrow, wide, continuous, combinations, etc.)
- Excellent intonation based on resonance
- Flat placement of the fingers in cantilena passages
- Vertical placement of fingers during trills and ornaments
- The ability to vary finger pressure (in shifting, for example)
- A growing confidence in shifting and playing in positions



Volume 5

GENERAL ISSUES

- Coordination of the right and left hands
- Feeling for natural phrasing
- Combination of breathing with the musical line
- Broadening of rapid notes for expression
- Playing slow notes in a flowing manner



PIVOTAL MOMENTS

The learning of slow movements now allows us to study complete violin concertos!

Playing all of the movements of the Concerto in A minor and the Concerto in G minor by *Antonio Vivaldi* in succession is exceptional training for **musical**, **mental**, **and physical endurance**.

FURTHER TECHNICAL THEMES

- Three octave scales (with a particular emphasis on G minor)
- Immersion in 4th and 5th positions
- Long chains of up bow staccato
- The introduction of bouncing bow strokes
- Further study of three and four note chords
- Further development of finger motion and wrist flexibility (through *collé* exercises and implementation in repertoire)
- Sound quality and tone production exercises with the emphasis on learning the proportions of tonalization (slow/heavy/close to the bridge vs. fast/light/far from the bridge

EXAMPLE BOW EXERCISES

- Up-bow circles (in connection with Bach, Gavotte)
- A basic exercise to develop finger flexibility (for all work in Volume 5)
- Up-bow staccato (in connection with Weber, Country Dance)
- The elastic bow stroke in 3/8 time (in connection with Dittersdorf, German Dance)



EVERYTHING IS EASIER WITH MUSIC!

RECITAL TRAINING, Volume 2 contains many important musical experiences to support students' technical training during Book 5:

- *Marionette Dance* in Fifth Position
- Morning Stars (G Major and G minor Three Octave Scales)
- Staccatissimo (Two Octave Scales in up-bow staccato)
- Shifting and Intonation Exercises (for Vivaldi Concerto in G minor)
- Chord Study Exercise
- Four Short Etudes (Preparatory Exercises for Bach Concerto for Two Violins, *Violin I*)

Exciting repertoire is waiting for you in Volume 6 – including Corelli, *La Folia*!